

COMMON HERBAL SUPPLEMENTS WITH PHOTSENSITIVITY PROPERTIES

- Chrysanthemum
- Shiitake Mushroom
- Dong Quai
- St. John's Wort

POTENTIAL INTERACTIONS

Increases skin sensitivity to sunlight.

WHO SHOULD AVOID USE

- Patients undergoing radiation therapy

COMMON HERBAL SUPPLEMENTS WITH IMMUNOMODULATORY PROPERTIES

- Astragalus
- Echinacea
- Maitake & Reishi Mushroom
- Mistletoe (European)

POTENTIAL INTERACTIONS

May boost or suppress the immune system.

WHO SHOULD AVOID USE

- Patients taking immunosuppressants
- Lymphoma patients

COMMON HERBAL SUPPLEMENTS WITH ESTROGENIC PROPERTIES

- Black Cohosh
- Chasteberry
- Dong Quai
- Flax Seed Oil
- Gingko Biloba
- Red Clover
- Soy Products

POTENTIAL INTERACTIONS

Estrogenic effect may stimulate estrogen dependent tumor growth.

WHO SHOULD AVOID USE

- Breast cancer patients (especially those patients who are hormone positive)
- Endometrial cancer patients

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HERBAL SUPPLEMENTS and CANCER TREATMENT





COMMON HERBAL SUPPLEMENTS WITH ANTIOXIDANT PROPERTIES

- Garlic
- Melatonin
- Ginkgo Biloba
- Red Clover & CoQ10
- Ginseng
- Selenium
- Grapeseed Extract
- Green Tea
- High-dose Vitamin E & C

POTENTIAL INTERACTIONS

May interfere with cancer killing effects of certain chemotherapy and radiation.

WHO SHOULD AVOID USE

- Patients undergoing radiation therapy
- Patients on some chemotherapy

COMMON HERBAL SUPPLEMENTS WITH ENZYME MODIFYING PROPERTIES

- Black Cohosh
- Licorice
- Curcumin (Turmeric)
- Milk Thistle
- Echinacea
- Mistletoe (European)
- Essiac
- Nettle
- Garlic
- Reishi Mushroom
- Ginseng
- Soy Extract
- Goldenseal
- St. John's Wort
- Grapeseed Extract
- Valerian
- Kava

POTENTIAL INTERACTIONS

May affect how the chemotherapy drug is broken down in the body and either increase or decrease how well it works.

WHO SHOULD AVOID USE

- Patients taking certain oral chemotherapy drugs

COMMON HERBAL SUPPLEMENTS WITH BLOOD THINNING PROPERTIES

- Curcumin (Turmeric)
- Ginseng
- Dong Quai
- Grapeseed Extract
- Evening Primrose
- High-dose Vitamin E & C
- Feverfew
- Maitake & Reishi Mushroom
- Fish Oil
- Selenium
- Garlic
- Ginkgo Biloba

POTENTIAL INTERACTIONS

May inhibit platelets' ability to clump together (clot) and increase the risk of bleeding.

WHO SHOULD AVOID USE

- Patients undergoing surgery
- Patients with low platelet counts
- Patients taking blood thinners